

# Mentorship Program Application Info – Mentee

| Mentee information                                  |                       |
|---|-----------------------|
| Name  | Location              |
| Email   | Phone number          |
| Company (if applicable)                             | Title (if applicable) |
| Linkedin Profile Link (please also attach a résumé) |                       |

## Please tell us your goals / objectives for the mentorship

#### **Mentee Expectations**

Please confirm your comfort level with the following.

|   | Very<br>Comfortable | Comfortable | Not<br>comfortable<br>at all |
|---|---------------------|-------------|------------------------------|
| Scheduling recurring meetings with your mentor  |                     |             |                              |
| Committing a minimum of three sessions up<br>to a maximum of six sessions over the<br>course of the rest of the calendar year |                     |             |                              |
| Prior to each meeting, creating an agenda<br>summarizing the topic(s) you would like to<br>cover                              |                     |             |                              |
| Set next steps at the end of each discussion and clarify responsibilities   |                     |             |                              |
| Following each meeting, send a note to<br>your mentor describing how you benefitted<br>from the conversation                  |                     |             |                              |



### Mentorship Format

We recognize that mentorships work well in in-person settings and attempts will be made to match mentors / mentees in the same locale. However, we also support virtual mentorships, particularly to accommodate for those CCSA Members located outside of Toronto and Montreal. Please let us know if you have any comments or concerns regarding a potential virtual mentorship.

#### Additional information

Is there anything else we should know in providing a good mentorship match?